

7066 Interstate Island Road Syracuse, NY 13209 (315) 437-1899 foodbankcny.org

Fruit Conversion Chart

Fruit	Pack Unit	Weight
Apples	Bushel	42 - 48 lbs.
	Peck	10 - 14 lbs.
Blackberries	6 qt. tray (1 flat)	10 - 12 lbs.
	Quart	1.25 - 1.5 lbs.
	Pint	0.5 - 0.75 lbs.
Blueberries	6 qt. tray (1 flat)	9 - 12 lbs.
	Quart	1.5 - 2 lbs.
	Pint	0.75 - 1 lb.
Cantaloupes (muskmelons)	Bushel	48 lbs.
	Crate	40 lbs.
	Each (average weight)	3 - 6 lbs.
	Sugar Cube (personal sized)	2 lbs.
Cherries	Quart	1.5 - 1.75 lbs.
	Pint	1.25 - 1.5 lbs.
Grapes (with stems)	Bushel	44 - 50 lbs.
	Quart	1.25 - 1.5 lbs.
Honeydew Melon	Carton	45 lbs.
	Each	4 - 8 lbs.
Peaches	Bushel	48 - 52 lbs.
	Peck	12 - 14 lbs.
Pears	Bushel	48 - 50 lbs.
	Peck	12 - 14 lbs.
Plums	Bushel	50 - 56 lbs.
	Peck	13 - 15 lbs.
Raspberries	6 qt. tray (1 flat)	8 - 10 lbs.
	Quart	1.25 - 1.5 lbs.
	Pint	0.75 lbs.
Strawberries	4 qt. basket	6 lbs.
	6 qt. basket	10 - 12 lbs.
	8 qt. basket	12 - 15 lbs.
	8 qt. flat	12 lbs.
	Quart	1.25 - 1.5 lbs.
Watermelon (verage Weight)	Seeded watermelon - each	12 - 15 lbs.
	Seedless watermelon - each	5 - 8 lbs.
	Mini watermelon - each	2 - 3 lbs.





