

# FOOD Sense

A MONTHLY FOOD  
CO-OP FOR EVERYONE



December 2024 Newsletter

**\* PLEASE NOTE:** For order deadlines and pick-up dates, please contact your participating host site.

## HOW TO ORDER A PACKAGE:

### To pay with credit or debit card:

1. Visit [foodsense.foodbankcny.org](https://foodsense.foodbankcny.org) and select your participating pick-up site.
2. Select the items you would like to purchase.
3. Pay with credit or debit card!

### To pay with cash or EBT:

1. Call (800) 444-1562 or use our Food Finder tool at [fbcny.org/findfood](https://fbcny.org/findfood) to find a Food \$en\$e site near you.
2. Contact your local site coordinator to order and pre-pay with cash or EBT payment.



### ORDER ONLINE:

[foodsense.foodbankcny.org](https://foodsense.foodbankcny.org)

A program of:



## DECEMBER PACKAGE (\$20.50)

Chicken Breasts Nuggets, 27 oz.  
Breakfast Sausage, 6.4 oz.  
Marinated Pork Portions, 1 lb.  
Ground Turkey, 1 lb.  
Large Eggs, 1 dozen  
Pancake Mix, 12 oz.  
Breakfast Bites, 19.5 oz.  
Frozen Blueberries, 16 oz.  
French Fries, 24 oz.  
Mandarin Oranges, 11 oz.  
Navel Oranges, 5 ct.  
Mushrooms, 8 oz.

## JANUARY PACKAGE (\$20.50)

Italian Sausage, 1 lb.  
Chicken Breast Portions, 1 lb.  
Italian Meatballs, 1 lb.  
Ground Turkey, 1 lb.  
Frozen Pizza, 10.8 oz.  
Cheese Ravioli, 13 oz.  
Pasta Sauce, 26 oz.  
Cauliflower Soup, 14.5 oz.  
Mixed Vegetables 16 oz.  
Diced Tomatoes, 14.5 oz.  
Fresh Produce #1  
Fresh Produce #2

## JANUARY SPECIALS:

- **Stuffed Pork Chops, 2 lbs. for \$10.00:** The pork chops are stuffed with apples and cranberries.
- **Chicken Wings, 5 lbs. for \$9.00:** The chicken wings are ready for the air-fryer or grill and are individually quickly frozen.
- **American Cheese, 5 lbs. for \$13.50:** The sliced American cheese is not individually wrapped.
- **Breaded Shrimp, 3 lbs. for \$13.00:** The shrimp are butterflied, breaded, and contain a quantity of 21-25 per pound.
- **Beef & Broccoli, 22 oz. for \$6.00:** The beef and broccoli consist of beef strips, broccoli florets, and red bell peppers with white rice in a savory soy sauce.
- **Stuffed Shells, 48 oz. for \$7.50:** The stuffed shells are frozen and have 18 shells per special.



## SIGN UP FOR OUR E-NEWSLETTER FOR EXCLUSIVE RECIPES!

To learn more or  
find a site near you,  
visit [fbcny.org/fs](https://fbcny.org/fs) or  
call (800) 444-1562.

# FEATURED RECIPE

# FOOD *Sense*

## Mandarin Orange Glazed Pork Stir-Fry

Serves 4

### Ingredients:

*\*Ingredient in Food \$en\$e package*

- 1 lb. marinated pork portions\*
- 11 oz. mandarin oranges drained, save juice\*
- 2 tbsp. soy sauce
- 2 garlic cloves, minced
- 1 tsp ginger, grated
- 1 tbsp honey
- 1 tbsp vegetable oil
- 1 lb. mixed vegetables (frozen or fresh)



### Directions:

1. Heat vegetable oil in a large skillet or wok over medium-high heat.
2. Cook the marinated pork portions until browned and cooked through. Remove and set aside.
3. Add garlic, ginger, and mixed vegetables to the skillet. Stir-fry for 3–4 minutes until vegetables are tender-crisp.
4. In a small bowl, mix 1/4 cup of mandarin orange syrup, soy sauce, and honey. Pour the sauce into the skillet and toss to coat.
5. Add the cooked pork back to the skillet, along with the drained mandarin oranges. Heat through for 2 minutes.
6. Serve over rice or noodles if desired.



**ORDER ONLINE:**  
[foodsense.foodbankcny.org](https://foodsense.foodbankcny.org)



**SHARE FEEDBACK:**  
[fbcny.org/feedback](https://fbcny.org/feedback)



**E-NEWSLETTER SIGN-UP:**  
[fbcny.org/fs-newsletter](https://fbcny.org/fs-newsletter)