



# FOOD *SenSe*

a monthly food co-op for everyone

## LEWIS COUNTY

### What is it?

Food SenSe offers the opportunity to stretch your food budget by purchasing quality food at a discount. No donated food is used in this program.

### Who is eligible?

Anyone who needs to stretch their food dollars can participate. It's a food buying club, you are not required to show proof of income.

### How does it work?

It's simple. Call or visit the nearest site in your county, order and pay in advance. Cost is \$20.50 per unit. Cash or EBT cards are accepted (no checks). Packages are picked up near the end of the month at your local site.

### What is in a unit?

Ten to twelve food items including fresh fruits & vegetables, meats, and grocery staples.

Lowville	Lowville Food Pantry, 7646 Forest Ave.	Daniel Taylor (315) 376-7431
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