

FOOD Sense

A MONTHLY FOOD
CO-OP FOR EVERYONE



November 2024 Newsletter

*** PLEASE NOTE:** For order deadlines and pick-up dates, please contact your participating host site.

HOW TO ORDER A PACKAGE:

To pay with credit or debit card:

1. Visit foodsense.foodbankcny.org and select your participating pick-up site.
2. Select the items you would like to purchase.
3. Pay with credit or debit card!

To pay with cash or EBT:

1. Call (800) 444-1562 or use our Food Finder tool at fbcny.org/findfood to find a Food \$en\$e site near you.
2. Contact your local site coordinator to order and pre-pay with cash or EBT payment.



ORDER ONLINE:

foodsense.foodbankcny.org

A program of:



NOVEMBER PACKAGE (\$20.50)

Pork Tenderloins, 1.75 lbs. (avg.)
Chicken Breast, 1.66 lbs. (avg.)
Pollock Fillets, 1 lb.
Ground Beef, 1 lb.
Instant Potatoes, 13.3 oz.
Stuffing Mix, 6 oz.
Turkey Gravy, 10.5 oz.
Sweet Potatoes, 15 oz.
Whole Cranberries, 1 lb.
Corn, 15 oz.
Celery, 1 sleeve
Onions, 2 lbs.
Carrots, 1 lb.

DECEMBER PACKAGE (\$20.50)

Chicken Breasts Nuggets, 27 oz.
Breakfast Sausage, 6.4 oz.
Marinated Pork Portions, 1 lb.
Ground Turkey, 1 lb.
Large Eggs, 1 dozen
Pancake Mix, 14 oz.
Breakfast Bites, 19.5 oz.
Frozen Blueberries, 16 oz.
French Fries, 24 oz.
Mandarin Oranges, 11 oz.
Fresh Produce #1
Fresh Produce #2

DECEMBER SPECIALS:

- **Spiral Ham, 10 lbs. (avg.) for \$16.00:** The spiral ham is fully cooked and honey-glazed.
- **Lobster Bites, 15 oz. for \$5.25:** The lobster bites can be baked in the oven, or cooked in the air-fryer.
- **Chicken Tenderloins, 3 lbs. for \$7.00:** The chicken tenderloins are in a 3-pound re-sealable bag.
- **Mozzarella Sticks, 3 lbs. for \$11.50:** The mozzarella sticks are par-cooked and ready for the oven.
- **Meatloaf Mix, 2 lbs. for \$9.50:** This meatloaf mix is an equal blend of beef, pork, and veal. It is vacuum-sealed and frozen to ensure freshness.
- **Lasagna Roll-ups, 42 oz. for \$6.50:** The cheese lasagna roll-ups are stuffed with ricotta and Romano cheese and are over two and a half pounds.



SIGN UP FOR OUR E-NEWSLETTER FOR EXCLUSIVE RECIPES!

To learn more or
find a site near you,
visit fbcny.org/fs or
call (800) 444-1562.

FEATURED RECIPE

FOOD *Sense*

Chicken & Stuffing Casserole with Gravy & Corn

Serves 4

Ingredients:

**Ingredient in Food \$en\$e package*

- 1-1.5 lbs. Chicken Breast*
- 6 oz. Stuffing Mix (prepared per package instructions)*
- 10.5 oz. Turkey Gravy*
- 15 oz. Corn, drained*
- 2 tbsp. Butter
- Salt and Pepper, to taste
- 1 tbsp. Fresh Parsley, chopped
- ½ c. Shredded Cheddar Cheese
- 1 tsp. Garlic Powder



Directions:

1. Preheat oven to 350°F.
2. Lightly season chicken breasts with salt, pepper, and garlic powder.
3. In a casserole dish, layer the prepared stuffing mix evenly across the bottom.
4. Place the chicken breasts on top of the stuffing and sprinkle with cheese.
5. Pour half of the turkey gravy over the chicken and cover with foil.
6. Bake for 25-30 minutes, until chicken is cooked through.
7. Serve with a side of heated corn, and drizzle additional gravy over the chicken. Garnish with parsley.



ORDER ONLINE:
foodsense.foodbankcny.org



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fbcny.org/feedback



E-NEWSLETTER SIGN-UP:
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