



FOOD *SenSe*

a monthly food co-op for everyone

ST. LAWRENCE COUNTY

What is it?

Food SenSe offers the opportunity to stretch your food budget by purchasing quality food at a discount. No donated food is used in this program.

Who is eligible?

Anyone who needs to stretch their food dollars can participate. It's a food buying club, you are not required to show proof of income.

How does it work?

It's simple. Call or visit the nearest site in your county, order and pay in advance. Cost is \$20.50 per unit. Cash or EBT cards are accepted (no checks). Packages are picked up near the end of the month at your local site.

What is in a unit?

Ten to twelve food items including fresh fruits & vegetables, meats, and grocery staples.

Hammond	Hammond Fire Hall, 300 Lake St.	Joan Haddock (315) 324-5517
Heuvelton	Grace Point, 18 York St.	Brandi Taylor (315) 528-4680
Ogdensburg	First Presbyterian Church, 311 Franklin St.	Wendy Flood (315) 393-2510
Potsdam	Potsdam Neighborhood Center, 2 Park St, Civic Center	Kristal Hayes (315) 265-3920