

FOOD *SenSe*

A MONTHLY FOOD
CO-OP FOR EVERYONE

What is it?

The Food \$en\$e program is a monthly food co-op designed to help individuals and families stretch their food dollars and build greater self-sufficiency. As part of our mission, this program aims to help people move from reliance on emergency food toward long-term independence.

Who is eligible?

Anyone looking to stretch their food budget can participate. There are no qualifications, no subscriptions, and no requirements. This program is for EVERYONE!

How does it work?

Once each month, participants log in to our online Food \$en\$e portal and select their site. The cost of each Food \$en\$e package \$20.50 per unit. You can purchase with Credit, Debit, or EBT(SNAP) online. You also can contact your local site directly to pay cash and/or EBT.

There is **no limit** to the number of units or specials that an individual or family may buy. Packages are picked up near the end of the month at your selected site on distribution day.

What is in a unit?

Each package costs \$20.50 and includes an average of 12 staple grocery items such as proteins, dry goods, fresh fruits, and vegetables. In addition to the main package, we also offer a variety of specials that can be added on or purchased separately. These specials offer more unique items that may be a larger size or cater to individuals with a dietary preference or restriction.



Scan to order now
or find a site near you at
foodsense.foodbankcny.org

A program of:



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CORTLAND COUNTY

Cincinnatus	Cortland-Chenango Rural Services	2704 Lower Cincinnatus Rd.	Joanne Brown-Garringer	(607) 863-3828
Cortland	Grace Episcopal Church	13 Church St.	Kim Hill	(607) 345-8775
Marathon	Marathon Civic Center	11 Brink St.	Mary Bliss	(607) 423-6768
Tully	St. Leo's Church	10 Onondaga St.	Molly Hackett	(315) 696-5092



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