

# FOOD *sense*

A MONTHLY FOOD  
CO-OP FOR EVERYONE



May 2026 Newsletter

**\* PLEASE NOTE:** For order deadlines and pick-up dates, please contact your participating host site.

## HOW TO ORDER A PACKAGE:

To pay with SNAP EBT, credit, or debit card:

1. Visit [foodsense.foodbankcny.org](https://foodsense.foodbankcny.org) and select your participating pick-up site.
2. Select the items you would like to purchase.
3. Pay with EBT, credit, or debit card!

To pay with cash or need further assistance:

1. Call (800) 444-1562 or use our Food Finder tool at [fbcny.org/findfood](https://fbcny.org/findfood) to find a Food \$en\$e site near you.
2. Contact your local site coordinator to order and pre-pay with cash.



## ORDER ONLINE:

[foodsense.foodbankcny.org](https://foodsense.foodbankcny.org)

A program of:



## MAY PACKAGE (\$20.50)

Chicken Drumsticks, 3.5 lbs. (Avg)  
Pork Tenderloin, 1.78 lbs. (Avg)  
Ground Beef, 1 lb.  
Hot Dogs, 1 lb.  
Sharp Cheddar Slices, 6 oz.  
Mixed Vegetables, 1 lb.  
Macaroni & Cheese, 7.25 oz.  
Carrots, 1 lb.  
Applesauce, 15 oz.  
Peaches, 15 oz.  
Onions (NYS Grown), 2 lbs.  
Mushrooms, 8 oz.

## JUNE PACKAGE (\$20.50)

Chicken Thighs, 1.68 lbs. (Avg)  
Kielbasa, 13 oz.  
Fish Sticks, 1 lb.  
Bologna, 1 lb.  
Cheddar Potato Pierogi, 13 oz.  
Hamburger Helper, 5.8 oz.  
Green Beans, 1 lb.  
Corn, 1 lb.  
Elbow Macaroni, 1 lb.  
Fruit Mix, 15 oz.  
Fresh Produce #1  
Fresh Produce #2

## JUNE SPECIALS:

- **Pork Ribs, 3 lb. (Avg) for \$10.00:** The St. Louis Style Ribs are uncooked and vacuum-sealed for freshness.
- **Smash Burger Patties, 2 lbs. for \$12.00:** The Smash Burger Patties are 8- 4 oz. patties made of 100% beef.
- **Chicken Wings, 5 lbs. for \$9.50:** The chicken wings are ready for the air-fryer or grill and are individually quickly frozen.
- **Hashbrowns, 2 lbs. for \$4.00:** The Hashbrowns are oval shaped and air-fryer or oven ready.
- **Breaded Shrimp, 3 lbs. for \$13.50:** The shrimp are butterflied, breaded, and 21-25 per pound.
- **Stuffed Shells, 48 oz. for \$7.50:** The stuffed shells are frozen and have 18 shells per special.



## SIGN UP FOR OUR E-NEWSLETTER FOR EXCLUSIVE RECIPES!

To learn more or find a site near you, visit [fbcny.org/fs](https://fbcny.org/fs) or call (800) 444-1562.

## One-Pan Cheesy Chicken & Veggie Bake

Serves 4

### Ingredients:

*\*Ingredient in Food \$en\$e package*

- 6-8 Chicken Drumsticks\*
- 1 lb. Mixed Vegetables \*
- 1 lb. Carrots, Sliced\*
- 4-6 Sharp Cheddar Slices\*
- 2 tbsp olive oil
- 1 tsp salt
- ½ tsp black pepper
- 1 tsp garlic powder
- 1 tsp paprika



### Directions:

1. Preheat oven to 400°F
2. Spread mixed vegetables and carrots evenly on a large baking sheet or roasting pan.
3. Drizzle with 1 tbsp olive oil and sprinkle with half the salt and pepper.
4. Toss drumsticks with remaining olive oil, salt, pepper, and seasonings.
5. Place chicken on top of the vegetables.
6. Bake uncovered for 40-45 minutes, until chicken reaches 165°F internally and vegetables are tender.
7. Tear cheddar slices over the chicken and vegetables.
8. Return to oven for 5 minutes, until melted. Serve promptly.



**ORDER ONLINE:**  
[foodsense.foodbankcny.org](https://foodsense.foodbankcny.org)



**SHARE FEEDBACK:**  
[fbcny.org/feedback](https://fbcny.org/feedback)



**E-NEWSLETTER SIGN-UP:**  
[fbcny.org/fs-newsletter](https://fbcny.org/fs-newsletter)